Avista Corp.

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Telephone 509-489-0500

Telephone 509-489-0500 Toll Free 800-727-9170



July 9, 2010

Public Utility Commission of Oregon 550 Capitol St. N.E. Salem OR 97310-1380

Attention:

Ms. Vikie Bailey-Goggins, Administrator

Tariffs and Data Analysis

Utility Program

RE: UF 4223

We are submitting the following information in compliance with the Commission's Order No. 06-014 under proceeding No. UF 4223 for the sale and issuance of shares of the Company's Common Stock under both a periodic offering plan and the Company's long-term incentive plan.

- Report of Securities Issued
- With regard to the disposition of the proceeds from the issuance of the Common Stock, the Company intends to use the proceeds to retire short-term debt obligations of the Company, which were utilized to fund capital expenditures on an interim basis.

Please do not hesitate to contact Damien Lysiak at (509) 495-2097 should you need any additional information or have any questions.

Sincerely.

Diane C. Thoren

Treasurer

Report of Securities Issued June 30, 2010

Avista Corp.

Description of securities:

Shares of common stock issued under the periodic offering program.

Shares	Date	Price*	Gross Proceeds
290,000	June 2010	19.67	5,704,300
145,057	May 2010	21.05	\$3,052,820

252,104 shares of common stock issued under the long-term incentive program (LTIP) from July 2009 to June 2010.

Shares	Date	Price*	Proceeds
21,800	July 09	12.97	\$282,770
24,441	August 09	15.18	\$370,980
23,900	September 09	15.97	\$381,751
38,475	October 09	14.31	\$550,681
40,500	November 09	16.19	\$655,740
17,000	December 09	11.02	\$187,327
375	January 10	10.17	\$3,814
28,519	February 10	11.42	\$325,635
7,000	March 10	13.58	\$95,040
7,350	April 10	11.02	\$81,025
21,079	May 10	17.95	378,295
0	June 10	0.00	\$0

21,665 shares were issued in January and February 2010 under the LTIP. The shares were issued as performance shares with a vesting period of three years. They are issued and outstanding at a \$0.00 value until the end of the vesting period. The shares are not reflected in the chart above but are included in the total issued under the program.

^{*} The monthly amounts are an average issuance price for all transactions during the month.